



JANUARY 2019 PILATES TIMETABLE

		WEDNESDAY 2 ND JANUARY	THURSDAY 3 RD JANUARY	FRIDAY 4 TH JANUARY
		<ul style="list-style-type: none"> 9am with Cara 10am with Cara 	<ul style="list-style-type: none"> 9am with Elyse 10am with Elyse 2pm with Sarby 	<ul style="list-style-type: none"> 9am with Elyse 10am with Cara 2pm with Elyse
MONDAY 7 TH JANUARY	TUESDAY 8 TH JANUARY	WEDNESDAY 9 TH JANUARY	THURSDAY 10 TH JANUARY	FRIDAY 11 TH JANUARY
<ul style="list-style-type: none"> 9am with Elyse 10am with Elyse 3pm with Cara 5pm with Cara 6pm with Cara 	<ul style="list-style-type: none"> 9am with Elyse 10am with Elyse 2pm with Sarby 5pm with Sarby 	<ul style="list-style-type: none"> 9am with Cara 10am with Cara 2pm with Elyse 5pm with Elyse 	<ul style="list-style-type: none"> 9am with Elyse 10am with Elyse 2pm with Sarby 6pm with Sarby 	<ul style="list-style-type: none"> 9am with Cara 10am with Elyse 2pm with Cara
MONDAY 14 TH JANUARY	TUESDAY 15 TH JANUARY	WEDNESDAY 16 TH JANUARY	THURSDAY 17 TH JANUARY	FRIDAY 18 TH JANUARY
<ul style="list-style-type: none"> 7.30am with Elyse 9am with Elyse 10am with Elyse 3pm with Cara 5pm with Cara 6pm with Cara 	<ul style="list-style-type: none"> 9am with Elyse 10am with Elyse 2pm with Sarby 5pm with Sarby 	<ul style="list-style-type: none"> 9am with Cara 10am with Cara 2pm with Elyse 5pm with Elyse 	<ul style="list-style-type: none"> 9am with Elyse 10am with Elyse 2pm with Sarby 6pm with Sarby 	<ul style="list-style-type: none"> 9am with Cara 10am with Elyse 2pm with Cara
MONDAY 21 ST JANUARY	TUESDAY 22 ND JANUARY	WEDNESDAY 23 RD JANUARY	THURSDAY 24 TH JANUARY	FRIDAY 25 TH JANUARY
<ul style="list-style-type: none"> 7.30am with Elyse 9am with Elyse 10am with Elyse 3pm with Cara 5pm with Cara 6pm with Cara 	<ul style="list-style-type: none"> 9am with Elyse 10am with Elyse 2pm with Sarby 5pm with Sarby 	<ul style="list-style-type: none"> 9am with Cara 10am with Cara 2pm with Elyse 5pm with Elyse 	<ul style="list-style-type: none"> 9am with Elyse 10am with Elyse 2pm with Sarby 6pm with Sarby 	<ul style="list-style-type: none"> 9am with Cara 10am with Elyse 2pm with Cara

The normal timetabled classes will resume on Tuesday 29th January 2019