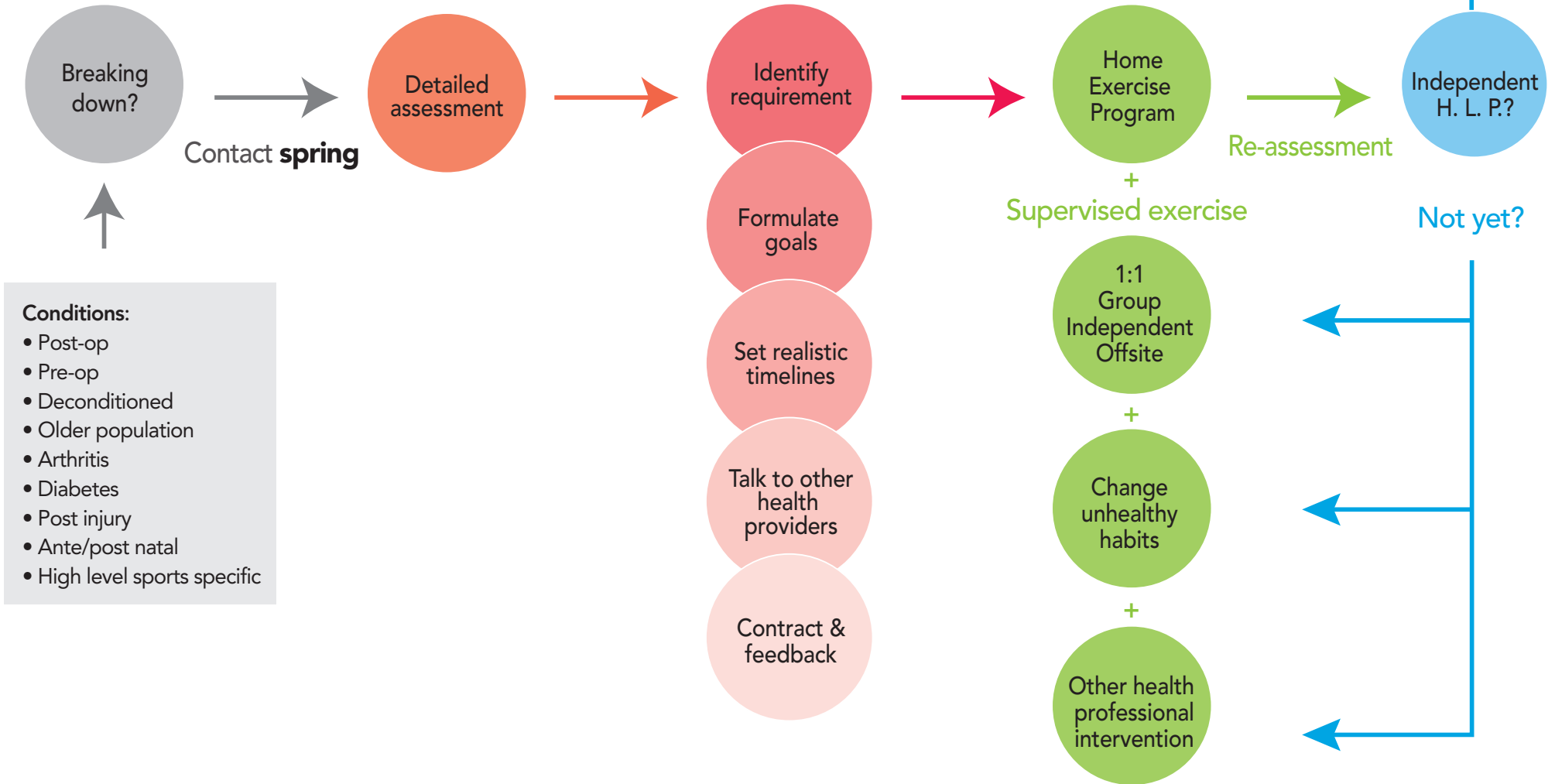


Healthy Life Plan

- ✓ Independent
- ✓ Self administered
- ✓ Understanding
- ✓ Optimal functional strength & ability



- Conditions:**
- Post-op
 - Pre-op
 - Deconditioned
 - Older population
 - Arthritis
 - Diabetes
 - Post injury
 - Ante/post natal
 - High level sports specific